



*** ANNOUNCING ***

46th Annual
**Arrowhead Open
Championships**

Sanctioned by

U.S. FIGURE SKATING

Sponsored by

THE ARROWHEAD FIGURE SKATING CLUB

to be held at the

ONTARIO ICE SKATING CENTER
1225 WEST HOLT BLVD
ONTARIO, CA 91762

on

Sunday, November 1, 2009

Deadline for entries: September 24, 2009

The FORTY-SIXTH ANNUAL ARROWHEAD FIGURE SKATING CLUB OPEN CHAMPIONSHIPS is sanctioned by U.S. Figure Skating and is open to all U.S. Figure Skating registered eligible persons.

The competition will be in accordance with the current U.S. Figure Skating Rulebook except as herein specified.

GENERAL RULES AND INFORMATION

Compulsory Moves and Free Skating are separate, unrelated events. A skater may enter Compulsory Moves and/or Free Skating events for which he/she is eligible. There are no age requirements except as noted.

Two entries in any event constitute a competition. In an event where only one entry is received, entrant may move up one class, regardless of test qualifications. Girls and boys may be combined in the Papoose, Pocahontas/Hiawatha, Cherokee and Indian Maidens/Braves events if there is only one entry in any event. If there is still no competition, the skater may skate an exhibition (freeskating or artistic only and if time is permitting) or receive a refund

Wherever the entries in an event become too large, it may be divided into groups according to age, at the discretion of the Competition Committee. If events are divided, there will be no final round

Skaters may enter either the standard freeskating event or Test Track event, but not both.

Entries received after the closing date will be accepted at the discretion of the Referee and the Competition Committee. Late entries will require a \$15.00 late fee. Under no circumstances will late entries be accepted after the draw for skating order. Returned checks will also be subject to a \$25.00 fee which must be paid prior to the skater taking part in the competition.

The decision of the Referee and the Competition Committee on all matters will be final.

The championships consist of Singles, Pairs, Couples Dance, Artistic, Footwork and Solo Dance. The 6.0 system of judging will be used for all events.

The Ontario Ice Skating Center has an ice surface of 72' x 155' with slightly rounded corners.

Any change in the championship rules or schedules will be posted on the official bulletin board in the rink and on the club website at www.ArrowheadFSC.com and shall be considered sufficient notice to all competitors and officials.

A registration desk will be established in the rink. All competitors are requested to register as soon as possible upon arrival at the rink. Competitors shall be in the rink 30 minutes prior to their event. Events may be started early at the discretion of the Referee.

QUALIFICATIONS

Test qualifications as of the close of entries of the competition (September 24, 2009) shall determine eligibility for all events. The event(s) indicated by the skater on the entry form at the time it is submitted is the one in which he/she must compete.

ENTRIES

Entry forms must be completely filled out and properly signed by a Club Official or Test Chairman and the Coach and mailed with the entry fee(s) to the Registrar:

Wayne Hundley
2415 Mt. Vernon Avenue
Riverside, CA 92507
Phone & Fax (951) 684-8158
waynehundley@earthlink.net

Entries of skaters for Couples Dance and Pairs events must be submitted together.

Entries must be in the hands of the Registrar no later than THURSDAY, SEPTEMBER 24, 2009. No entry fee will be refunded if a skater withdraws from an event after closing date of entries (THURSDAY, SEPTEMBER 24, 2009) (see Rule 3235, current U.S. Figure Skating Rulebook).

Make entry fees payable to the **ARROWHEAD OPEN CHAMPIONSHIPS**. Entry fees for each competitor will be as follows.

\$75.00	per person for the first event (Compulsory Moves, Free Skating, Artistic, Footwork and Solo Dance are separate events)
\$25.00	per person for each additional event
\$40.00	per partner for Pair and Dance events

EVENTS AND REQUIREMENTS

COMPULSORY PROGRAMS must be performed as a continuous program with all elements performed once in any order without music and without additional elements or excessive embellishment. Moves in the Field elements are each considered a single element and may not be split but must be performed in its entirety as it would be in the Moves in the Field test; i.e., it is not permitted to perform a portion of the move, then another element and then the rest of the move.

Two marks will be awarded for Technical Elements and Program Components with the mark for Technical Elements breaking ties. Additional, repeated or omitted elements will be penalized by a deduction of 0.2 in the mark for Technical Elements. Failures, based on their severity and context in the program, may be reflected in the base mark and/or a penalty of 0.1 to 0.2, the latter only for extreme failures. Excessive embellishment may be penalized only to the extent in the judge's opinion that the program is unnecessarily prolonged but no more than 0.2 in the mark for Program Components. Additional elements include jumps of ½ revolution or greater and spins or spin-like movements of 1 revolution or greater. Excessive embellishment includes excessive posing, unnecessary/excessive step sequences and unprescribed moves such as spirals, Ina Bauers, etc.

COMPULSORY PROGRAMS AND FREE SKATING: Program times allow plus or minus 10 seconds except those specified as **Maximum**. In that case there is no additional 10 seconds allowance and there is no minimum time. All references to the Axel jump include one foot Axel and Inside Axel. If half ice is specified, the event shall be skated on half ice with cones regardless of whether the other half of the ice surface is being utilized or not. Well balanced program rules as adopted at the 2009 Governing Council meeting will be in effect for all levels. Elements performed in excess of these rules will be penalized by the judges.

ARTISTIC SKATING: The Artistic event will consist of both a DRAMATIC and LIGHT event. Skaters may enter either or both events.

The Artistic Program is one in which the skating moves are selected for their value in enhancing the skaters' artistry and interpretation of the music rather than for technical difficulty. Multi-revolution jumps (doubles and triples) are not allowed except that preliminary and higher may include one double jump once in their program. Single jumps (including the Axel), jump-like movements of not more than one revolution, spin and spin-like movements are permitted. Credit for jumps and spins will be based solely on their choreographic effectiveness. The program should be an integrated exploration of the music; it should not be merely a collection of pleasing or spectacular moves with emphasis being placed on skating skills.

Theatrical and garish costumes/make-up and removable pieces such as props, hats, canes are not permitted, but skirts are not required. Skaters will provide their own music for the Artistic event, and the musical selection must be within the time limits specified below. Times shown are maximum and not subject to a 10-second allowance. The music may be less but not more than the time specified. **Vocal music will be permitted.**

Competitors must enter the artistic event at the same level as their free skating event. Eligibility rules for Singles free skating shall apply. However, events may be combined (boys/girls, dramatic/light, skating levels) in order to allow skaters in single entry events a chance to compete.

SINGLES EVENTS:

PAPOOSE GIRLS/BOYS: Open to skaters who have not passed the U.S. Figure Skating Pre-Preliminary Moves in the Field test and who are 6 years of age or under as of November 1, 2009.

Compulsory Program: 1:10 minute maximum, set to music. The compulsory program consists of the following four elements. No additional elements may be added:

1. Marching while moving
2. Two foot jump in place
3. Swizzles – Standing Still (3 times)
4. Forward Swizzles (3 times)

Two marks will be awarded for Technical Elements and Program Components with the mark for Technical Elements breaking ties.

POCAHONTAS GIRLS/HIAWATHA BOYS: Open to skaters who have not passed the U.S. Figure Skating Pre-Preliminary Moves in the Field test.

Compulsory Program: 1:10 minute maximum, set to music. The program consists of the following five elements. No additional elements may be added:

1. Forward Swizzles, minimum 3
2. Backward Wiggles, minimum 3
3. Dip
4. Bunny Hop
5. Snow Plow Stop, 1 or 2 foot

Two marks will be awarded for Technical Elements and Program Components with the mark for Technical Elements breaking ties.

CHEROKEE GIRLS/BOYS: Open to skaters who have not passed the U.S. Figure Skating Pre-Preliminary Free Skate test.

Compulsory Program: Program without music (using one-half of the ice surface). The compulsory program consists of the following six elements. No additional elements may be added:

1. Consecutive Forward Inside Edges, Minimum 2 on each foot
2. Forward Spiral, either foot, either edge or flat
3. Waltz Jump
4. Half Flip
5. Two Foot Upright Spin, minimum 3 revolutions
6. T-Stop, either foot or edge

Free Skating: 1:40 minute maximum program. Jump elements restricted to single jumps up to and including toe loop (Salchow, half loop, toe loop). Maximum of 3 jump combinations or sequences. No jump spins allowed.

Test Track: (Limited Beginner) Two upright spins, no change of foot (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front). Jump sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.

Artistic: 1:40 minute maximum program.

INDIAN MAIDENS/BRAVES: Open to skaters who have not passed the U.S. Figure Skating Pre-Preliminary Free Skate test.

Compulsory Program: Program without music (using one-half of the ice surface). The compulsory program consists of the following five elements. No additional elements may be added:

1. Consecutive Backward Outside Edges, minimum 2 on each foot
2. Forward Outside Spiral, either foot
3. Salchow Jump
4. Flip Jump
5. One Foot Upright Spin, minimum 3 revolutions

Free Skating: 1:40 minutes maximum program. Program content per Rule 3721.

Test Track: (Beginner) Two upright spins, change of foot optional (min 3 revolutions), jumps with not more than one-half rotation (front to back or back to front), single rotation jumps: Salchow and toe loop only.

Jump combinations and sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.

Artistic: 1:40 minute maximum program.

PRE-PRELIMINARY: Open to skaters who have not passed the U.S. Figure Skating Preliminary Free Skate test.

Compulsory Program: Program without music (using one-half of the ice surface). The compulsory program consists of the following four elements. No additional elements may be added:

1. Consecutive Backward Inside Edges, Minimum 4 (TR 25.01(2); PPM Pattern 2)
2. Waltz Eight (TR 25.01(4); PPM Pattern 4)
3. Single Toe Loop
4. One Foot Upright Spin, minimum 4 revolutions

Free Skating: 1:40 minute maximum program. Program content per Rule 3711.

Test Track: Two solo spins of a different nature, no change of foot (min 3 revolutions and no flying spins), all single solo jumps allowed (no Axels), jump combinations or sequences using only a waltz jump, toe loop, and Salchow. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.

Artistic: 1:40 minute maximum program.

PRELIMINARY: Open to skaters who have passed the U.S. Figure Skating Pre-Preliminary Moves in the Field test and not the Pre-Juvenile Free Skate test.

Compulsory Program: Program without music (using full ice surface). The compulsory program consists of the following four elements. No additional elements may be added:

1. Consecutive Outside and Inside Spirals (TR 25.02(2); PM Pattern 2)
2. Alternating Forward 3-Turns. (TR 25.02(4); PM Pattern 4)
3. Loop Jump
4. Sit Spin, minimum 3 revolutions

Free Skating: 1:30 minute program (+/- 10 seconds). Program content per Rule 3701.

Test Track: Two spins of a different nature, combination spins allowed (min 3 revolutions each and no flying spins), jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jump elements. Connecting moves and steps should be demonstrated throughout the program.

Artistic: 1:40 minute maximum program.

PRE-JUVENILE: Open to skaters who have passed the U.S. Figure Skating Preliminary Moves in the Field test and not the Juvenile Free Skate test.

Compulsory Program: Program without music (using full ice surface). The compulsory program consists of the following four elements. No additional elements may be added:

1. Forward Inside-Back Outside 3-Turns in the Field (TR 25.03(4); PJM Pattern 4)
2. Five Step Mohawk Sequence. (TR 25.03(6); PJM Pattern 6)
3. Single Lutz Jump
4. Combination spin with no change of foot and only one change of position. Any two positions allowed. Minimum 3 revolutions in each position.

Free Skating: 2:00 minute program (+/- 10 seconds). Program content per Rule 3691.

Test Track: Three spins in any position (min 4 revolutions), one must be a combination spin with change of foot optional (min 3 revolutions on each foot or 6 total revolutions and no flying spins). Jumps with not more than one rotation (no Axels). Jump combinations and sequences are allowed. Maximum 5 jump elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.

Artistic: 2:10 minute maximum program.

JUVENILE/OPEN JUVENILE: Open to skaters who have passed the U.S. Figure Skating Pre-Juvenile Moves in the Field test and not the Intermediate Free Skate test. There is no age restriction to this level..

Compulsory Program: Program without music (using full ice surface). The compulsory program consists of the following four elements. No additional elements may be added:

1. Eight Step Mohawk Sequence (TR 25.04(1); JM Pattern 1)
2. Forward Double Three Turns (TR 25.04(4); JM Pattern 4)
3. Jump Combination of any two single jumps, including Axel
4. Combination Spin with only one change of foot, minimum 4 revolutions each foot. Positions are free.

Free Skating: 2:15 minute program (+/- 10 seconds). Program content per Rule 3681.

Test Track: Three spins in any position (min 4 revolutions), one must be a combination spin with one change of foot (min 4 revolutions on each foot). May include flying spins. Any single jumps and jump combinations with not more than 1½ rotations. (Axel permitted). Maximum 6 jump elements. One step sequence straight line, circular, or serpentine fully utilizing ice surface.

Artistic: 2:10 minute maximum program.

ADULT FREE SKATING:

All Adult events are open to skaters who are 21 years of age or older as of the first day of the competition (November 1, 2009)

Adult Pre-Bronze: Test requirements per Rule 3805.
1:40 minute program maximum. Program content per Rule 3806.

Adult Bronze: Test requirements per Rule 3800.
1:50 minute program maximum. Program content per Rule 3801.

Adult Silver: Test requirements per Rule 3790.
2:10 minute program maximum. Program content per Rule 3791.

Adult Gold: Test requirements per Rule 3780.
2:40 minute program maximum. Program content per Rule 3781.

Adult Artistic (Dramatic & Light): These events are combined for all adult levels. If entries become too large, they will be divided by free skating test levels. Events may also be combined at the discretion of the Competition Committee.
1:40 minute program maximum. Program content per Rule 3821.

FOOTWORK:

A one minute program (+/- 10 seconds) set to music with or without vocals, consisting of turns, jumps and spinning movements with the following restrictions: No more than one-half rotation jumps and no spinning movement may exceed 3 revolutions. Added elements will be penalized.

Level A: Must not have passed the U.S. Figure Skating Preliminary Free Skate test.

Level B: Must have passed the U.S. Figure Skating Preliminary Free Skate test, but not the U.S. Figure Skating Intermediate Free Skate test.

PAIRS:

Pre-Juvenile Pairs: Both partners must have passed the U.S. Figure Skating Pre-Juvenile Pairs test but neither may have passed the U.S. Figure Skating Juvenile Pair test.
Free Skating: 2:00 minutes. Program content per Rule 4091.

Juvenile Pairs: Both partners must have passed the U.S. Figure Skating Pre-Juvenile Pairs test but neither may have passed the U.S. Figure Skating Intermediate Pair test.
Free Skating: 2:30 minutes. Program content per Rule 4081.

DANCE (COUPLES):

Preliminary: Open to skaters who have not passed the complete U.S. Figure Skating Pre-Bronze Dance test.

Initial Round: Canasta Tango, Rhythm Blues

Final Round: Dutch Waltz, Swing Dance

Pre-Bronze: Open to skaters who have passed the complete U.S. Figure Skating Preliminary Dance test, but not the complete Bronze Dance test.

Initial Round: Fiesta Tango, Cha Cha

Final Round: Willow Waltz, Swing Dance

DANCE (SOLO):

In solo dance, boys and girls may compete in the same group.

Solo Dutch Waltz: Open to skaters who have not passed any U.S. Figure Skating Bronze Dance tests.

Solo Fiesta Tango: Open to skaters who have passed the complete U.S. Figure Skating Preliminary Dance test, but not the complete U.S. Figure Skating Pre-Silver Dance test.

Solo Cha Cha: Open to skaters who have passed the complete U.S. Figure Skating Preliminary Dance test, but not the U.S. complete Figure Skating Pre-Silver Dance test.

MUSIC

Only CD's will be accepted except for CD-RW CD's. CD's must be plainly marked with the name of the event and name of skater and turned in to the registration desk at check-in time. Competitor must have a duplicate copy available at the rink during competition. Vocal music is permitted in all events.

AWARDS

Medals for first, second, third and fourth place will be awarded for Compulsory Moves, Footwork, Artistic and Solo Dance. Trophies will be awarded to each skater placing first, second, third and fourth in Free Skating events. Trophies will be awarded to first, second, third and fourth place teams in Pairs and Couples Dance. When an event is subdivided into age groups, each division will have its own awards.

GENEVA LICHLYTER ARTISTIC AWARD

This special award will be presented for the most artistic free skating performance of the competition. All competitors, preliminary level and above, will be judged by a special panel of judges. This award will be presented at the close of the competition. The perpetual trophy will remain with the club and a "take-home" trophy will be awarded to the winner.

SPECTATORS

Admission (All Day)

No Charge

SCHEDULE OF EVENTS

The tentative competition schedule and groups will be posted at our website at www.ArrowheadFSC.com as soon as the information is available. Skaters who would like a schedule of events should enclose a stamped, self-addressed envelope with the entry form and a copy will be mailed when it is available.

PRACTICE ICE

Practice ice may be obtained through the Management of the Ontario Ice Skating Center, 1225 West Holt Blvd., Ontario, CA 91762 - (909) 986-0793.

ACCOMMODATIONS

There is no official hotel for the FORTY-SIXTH ANNUAL ARROWHEAD OPEN CHAMPIONSHIPS. However, there are several quality hotels/motels located near the Ontario International Airport, approximately 4 miles east of the rink

REQUESTS FOR INFORMATION CONCERNING THE FORTY-SIXTH ANNUAL ARROWHEAD OPEN CHAMPIONSHIPS may be addressed to:

Wayne Hundley
2415 Mt. Vernon Ave.
Riverside, CA 92507
Phone & fax (951) 684-8158
waynehundley@earthlink.net

Visit us at our website: www.ArrowheadFSC.com

ENTRIES MUST BE IN THE HANDS OF THE REGISTRAR BY THURSDAY, SEPTEMBER 24, 2009

Entries not complete will be returned as unacceptable. Each partner of a Dance or Pair must submit a separate entry; partnerships must be submitted together. Separate entry forms are to be submitted for Synchronized Teams. NO REFUND of an entry fee will be made to skaters after close of entries (SEPTEMBER 24, 2009).

First Name:		Last Name:		Age:	Birth Date:
Address:		City:		State:	Zip:
U.S. Figure Skating No.:	Home Club:			Phone: () - -	
E-mail address:			Coach's name:		
Highest Test Passed: Moves in the Field		Free Skate	Pairs	Dance	

CHECK EVENT(S) ENTERED:

ADULT	COMP MOVES	FREE SKATE / TEST TRACK	ARTISTIC- LIGHT	ARTISTIC- DRAMATIC
<input type="checkbox"/> Pre-Bronze <input type="checkbox"/> Bronze <input type="checkbox"/> Silver <input type="checkbox"/> Gold	<input type="checkbox"/> Papoose Girls <input type="checkbox"/> Papoose Boys <input type="checkbox"/> Pocahontas Girls <input type="checkbox"/> Hiawatha Boys <input type="checkbox"/> Cherokee Girls <input type="checkbox"/> Cherokee Boys <input type="checkbox"/> Indian Maidens <input type="checkbox"/> Indian Braves <input type="checkbox"/> Pre-Preliminary Girls <input type="checkbox"/> Pre-Preliminary Boys <input type="checkbox"/> Preliminary Girls <input type="checkbox"/> Preliminary Boys <input type="checkbox"/> Pre-Juvenile Girls <input type="checkbox"/> Pre-Juvenile Boys <input type="checkbox"/> Juvenile Girls <input type="checkbox"/> Juvenile Boys	<input type="checkbox"/> Cherokee Girls* <input type="checkbox"/> Cherokee Boys* <input type="checkbox"/> Indian Maidens* <input type="checkbox"/> Indian Braves* <input type="checkbox"/> Pre-Preliminary Girls* <input type="checkbox"/> Pre-Preliminary Boys* <input type="checkbox"/> Preliminary Girls* <input type="checkbox"/> Preliminary Boys* <input type="checkbox"/> Pre-Juvenile Girls* <input type="checkbox"/> Pre-Juvenile Boys* <input type="checkbox"/> Juv/Open Juv Girls* <input type="checkbox"/> Juv/Open Juv Boys* <input type="checkbox"/> *Check here for Test Track events	<input type="checkbox"/> Cherokee Girls <input type="checkbox"/> Cherokee Boys <input type="checkbox"/> Indian Maidens <input type="checkbox"/> Indian Braves <input type="checkbox"/> Pre-Preliminary Girls <input type="checkbox"/> Pre-Preliminary Boys <input type="checkbox"/> Preliminary Girls <input type="checkbox"/> Preliminary Boys <input type="checkbox"/> Pre-Juvenile Girls <input type="checkbox"/> Pre-Juvenile Boys <input type="checkbox"/> Juvenile Girls <input type="checkbox"/> Juvenile Boys <input type="checkbox"/> Adult Ladies <input type="checkbox"/> Adult Men	<input type="checkbox"/> Cherokee Girls <input type="checkbox"/> Cherokee Boys <input type="checkbox"/> Indian Maidens <input type="checkbox"/> Indian Braves <input type="checkbox"/> Pre-Preliminary Girls <input type="checkbox"/> Pre-Preliminary Boys <input type="checkbox"/> Preliminary Girls <input type="checkbox"/> Preliminary Boys <input type="checkbox"/> Pre-Juvenile Girls <input type="checkbox"/> Pre-Juvenile Boys <input type="checkbox"/> Juvenile Girls <input type="checkbox"/> Juvenile Boys <input type="checkbox"/> Adult Ladies <input type="checkbox"/> Adult Men
PAIRS	DANCE	SOLO DANCE	FOOTWORK	
<input type="checkbox"/> Pre-Juvenile <input type="checkbox"/> Juvenile Partner's Name: _____	<input type="checkbox"/> Preliminary <input type="checkbox"/> Pre-Bronze Partner's Name: _____	<input type="checkbox"/> Solo Dutch Waltz <input type="checkbox"/> Solo Fiesta Tango <input type="checkbox"/> Solo Cha-Cha	<input type="checkbox"/> Footwork A <input type="checkbox"/> Footwork B	

ENTRY FEE(S): \$ _____ (Fee Paid)
 \$75.00 Per person for first event (Compulsory Moves, Free Skating, Footwork, Artistic and Solo Dance are separate events)
 \$25.00 Per person for each additional event.
 \$40.00 Per person for Pair or Dance (Pairs & Couples Dance Teams must submit entries together)
ENTRY FEES MUST ACCOMPANY THE ENTRY FORM. Make checks payable to ARROWHEAD OPEN CHAMPIONSHIPS
 Send entry form and check to the Registrar: **Wayne Hundley** Phone & fax (951) 684-8158
2415 Mt. Vernon Avenue
Riverside, CA 92507

waynehundley@earthlink.net website: www.ArrowheadFSC.com

CLUB CERTIFICATE: - I certify that the above name entrant is a member in good standing of my club and is a registered eligible person as defined by the official rules of U.S. Figure Skating. I further certify that this entrant is eligible to enter the specific event and if under 18 years of age is complying with this areas' standard educational policy.

Club Official: _____ Title: _____
 The undersigned approves the entry and agrees to hold harmless U.S. Figure Skating, the Arrowhead FSC and the Ontario Ice Skating Center from any and all loss, damage and injury of whatsoever kind or nature, that may be sustained by the entrant in any manner, shape or form while participating in any activities of said championships.

Signature of Parent or Legal Guardian

Signature of Competitor

My student has entered the proper event for this competition:

Signature of Coach

Coach's e-mail